

Creating Life Events that matter



SHARED READING FIRST

Community First

Housing First

Money First

Art First



*At least I am the boss over what I make.*  
Saskia, the Living Museum, 2016



# Misunderstandings and Confessions



**Recovery is not possible  
I know what Recovery is all about.  
I never stigmatize.  
I have fully Recovered.  
I am cynical.  
Interruption is not allowed.  
I have the best job in the  
Netherlands.  
I never correct  
I never say “Yes, but.....”  
Give a person €10.000 and he will  
think of using drugs and gambling  
Money First, Housing First, Art  
First has a success rate of 15%**



# FACT and figures



**85%**



5 minutes and a meaningful encounter

**The first 5 minutes of your contact are decisive when talking about the outcome of treatment and support.**

**It is not the method that is important when talking about a positive outcome for treatment. It is the personal relationship with the client.**

**Motivational interviewing.**

**We do not make problems worse by acknowledging them. Friendship is a good start for treatment and support. There are various kinds of friendship.**

**Professional distance is a bummer.**



# Phases of a Life Event



Courage

Event/Voorval

Life Path



concepts, lists, symbols, value's,  
active hurt, blauwdruk



Reaction



Circle of Resistance/Trash can of the Past



Incapacity/Hopeless



Trauma



Victim  
Acusation  
Powerless  
Reasonable  
Routine

R. Loopik/A. Bunsee



# Phases of a Money First Event

## Mastery

Responsible  
Solutions  
Initiative  
Strength  
Human

### The Living Museum

Housing First  
The Amsterdam  
Project  
Learning Experiences



Grow and  
creative reaction

Here and Now

New situation asks for new  
behaviour

Life Event

New Life Path

Stop, look, correct, action

Where Hope greets you at  
the door and Recovery  
and Community is the  
expectation.



Courage

Life Path

R. Loopik/A.Bunsee



# HOW TO SIT WITH DISCOMFORT

I NOTICE MY RESISTANCE

MY BODY RELAXES

IT'S UNCOMFORTABLE

I RESIST IT

"AH"



# Sozial change in family like structures

- Inclusion
- Warm and friendly atmosphere
- Longterm relationships
- Use of vulnerabilities as weapons
- Symptoms that exclude patients in society are being used as advantage for the creation of art Bolek Greczynski (1985)
- Participation of isolated persons
- The importance of key persons







# The Do's and Don't of starting a Living Museum in the Netherlands

- Find a Building
- Start with Zero Euro
- Open the Door
- And let Artists in
- Keep out the Sharks
- Don't talk about people who are not present in the room
- Provide Studio's
- Don't state rules on the wall
- Walls are for Art Exhibition
- Artists choose to make new rules every day



# Potential of the Living Museum

- **Stress free atmosphere**
- **Fill out time with meaning**
- **Participation**
- **Inspiration by the creative energy in the atmosphere**
- **Change of identity from traumatized person to artist**
- **Integration in a family of artists**
- **Loving and caring surrounding**
- **Hope**
- **Create visions**
- **Learn how to think grandious**
- **Art Asylum**
- **Use other language**



# “rules”



Foto Corine Zijerveld©2018

- No rules on the wall
- Art on the wall
- A 10 second admission talk
- I don't want to know what happened
- It's not a social club
- Separate Art from Treatment
- No meetings
- No money involved
- Beg for it
- Give your building back to the rightful owner
- Do nothing
- Mind your own business



„To summarize the essence of the museum, the essence of the museum here is that we are celebrating the individual differences.

We are celebrating those aspects of your vulnerability that make you a miserable person outside in the world as your strength and we change your identity to that of that of an artist.

And we celebrate the fact that you had experiences other people did not have. So in this way: Art is the solution, art is the way to go.“

Marton, Janos (1999)



